SPITALUL MUNICIPAL ACADEMICIAN LEON DĂNĂILĂ DOROHOI

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***Meniul zilei :22.10.2026***
***Pacienti\Medici de garda***

Aprobat,

| REGIM | Dimineata | | Ora 10 | | Pranz | | Ora 16 | | Seara | |
|---|---|---|---|---|---|---|---|---|---|---|
| | alimente | cant | alimente | cant | alimente | cant | alimente | cant | alimente | cant |
| RG1 Hidric Rg semilichid | Ceai neindulcit | 250 ml | | | Supa strecurata de legume | 400 ml | | | ceai fara zahar | 250ml |
| | | 50g | | | | | | | ceai,terci | 250 ml |
| | Ceai | 250 ml | | | Supa crema de legume | 400 ml | | | branza | 70g |
| | pasta de branza | 70 gr | | | | | | | | |
| RG 2 (Afctiuni gastroduodenale ) | ceai | 250 ml | | | Supa cu legume | 400 ml | Biscuiti | 50gr | Macaroane cu branza | 250gr |
| | paine | 50g | biscuiti | 50gr | Piure cu pulpa pui | 200/150gr | beurre | | ceai | 250ml |
| | Pasta de brz | 70 gr | | | Paine | 50gr | | | | |
| | Telemea\Unt\Ou fiert | 70g1\1buc | | | | | | | | |
| Rg 3 (Afectiuni B.D.A) | Ceai f.z | 250 ml | | | Supa de orez | 400 ml | | | Orez pe apa , | 200gr |
| | paine | 50g | Biscuiti | 50 g | Orez fiert si branza de vaci | 200\70gr | Biscuiti | 50 g | paine coapta | 50gr |
| | branza de vaci | 70g | | | Paine coapta | 150 g | | | ceai fara zahar | 250ml |
| Rg 4 (Afectiuni hepatice) | Ceai | 250ml | | | Supa cu legume | 400 ml | | | | |
| | paine | 50g | Biscuiti | 50gr | Piure cu pulpa de pui | 200g\150gr | | | Macaroane cu branza | 250gr |
| | pasta de branza | 70 gr | | | Paine | 150 gr | iaurt | 1buc | | |
| | unt\gem | 1\1buc | | | Compot | 360gr | | | ceai fara zahar | 250ml |
| Rg 5-6 Afectiuni-cardiovasculare-renale | ceai | 250ml | | | Supa cu galuste gris | 400ml | | | | |
| | Pasta de br vaci | 70gr | biscuiti | 50gr | Fasole pastai si pulpa de pui | 250/150gr | Compot | 360gr | Ficat cu ceapa | 250gr |
| | Paine | 50gr | | | Paine | 150gr | | | Paine, ceai | 50gr/250ml |
| | Unt\Gem\Tocana | 1buc/1buc \100gr | | | mere | 1buc | | | Mamaliga | 200gr |
| Lfv | Ceai | 250 ml | | | Supa cu legume | 400 ml | | | Macaroane cu branza | 250gr |
| | paine | 50g | | | piure cu branza de vaci | 200g | | | ceai | 250 ml |
| | branza de vaci | 70gr | biscuiti | 50gr | paine | 150gr | Biscuiti | 1buc | | |
| | Unt\gem | 1buc/1buc | | | mere | 1buc | beurre | | | |
| Rg 8 diabet | ceai fz | 250 ml | | | Supa cu galuste gris | 400 ml | | | cartofi natur | 250gr |
| | paine | 50g | | | Fasole pastai si pulpa de pui | 250/150gr | iaurt | 1buc % | pulpa de pui | 150gr |
| | cascaval | 70gr | tocana | 100gr | Grapefruit | 1\2buc | | | Paine | 50gr |
| | carnati | 70gr | | | | | | | ceai f.z | 250ml |
| | branza topita\pate | 1\1buc | | | | | | | | |
| Rg 9, Rg Psihici, Insotitoare | ceai | 250ml | | | Supa cu galuste gris | 400ml | | | | |
| | Paine | 50gr | | | Fasole pastai si pulpa de pui | 250/150gr | Compot | 360gr | Ficat cu ceapa si mamaliga | 250gr/200gr |
| | cascaval | 70gr | biscuiti | 50gr | mere | 1buc | | | | |
| | carnati | 70gr | | | Paine | 150gr | | | Paine | 50gr |
| | branza topita/Pate | 1buc | | | | | | | ceai | 250ml |
| Rg 10 Lauze\ | ceai | 250ml | | | Supa cu galuste gris | 400ml | | | Ficat cu ceapa si mamaliga | 250gr |
| | paine | 50gr | | | Fasole pastai si pulpa de pui | 250/150gr | biscuiti | 1buc | mamaliga | 200gr |
| Rg 3-18 ani Rg 1-3 ani | cascaval | 70gr | biscuiti | 50gr | de pui | | beurre | | Paine | 50gr |
| | carnati | 70gr | | | Paine | 150gr | | | ceai | 250ml |
| | branza topita\Pate | 1buc | | | napolitana | 1buc | | | | |
| Medic de garda | ceai,paine | 250ml\50 | | | Supa cu galuste gris | 400ml | | | tochitura de porc | 250gr |
| | cascaval,pate | 70gr\1buc | | | piure de cartofi cu piept de curcan | 150gr\100gr | | | mamaliga | 200gr |
| | carnati | 70gr | | | salata de varza rosie | 100gr | | | ochiuri\telemea | 2/70gr |
| | masline,Ou fiert | 50g/1buc | | | | | | | castraveti in otet | 100gr |

***Nota:Conform Ordinului nr.183/2016,art.3,si a Reg. CE 1169/2011 privind informarea consumatorilor,va aducem la cunostinta ca preparatele culinare din cadrul unitatii noastre ,pot fi prezenti agenti alergeni din produse:lactate si produse derivate(lactoza),cereale care contin gluten(paine si produse derivate ),oua si produse derivate(albumina),produse congelate(carne de pui,piept de pui,curcan,porc)semipreparare(pui,porc),legume(mazare,pastai,legume pentru ciorbe)telina ,fructe cu coaja (mar,portocale,banane,grapefruit) condimente(piper,boia de ardei)

Intocmit,

**MIC DEJUN**









**PRANZ**











**CINA**

